

High on the wooded hills overlooking the city, with the Sligo murmuring softly just below, there is no more beautiful spot around Washington than that occupied by the Washington Sanitarium, at Takoma.

Washington is noted the world over for its great beauty—beauty of buildings, of parks, and of driveways; its well-kept lawns, gardens, streets—and no American, of no matter how remote a section, but a vivid idea of Washington, "The City Beautiful." For a quarter century or more they have been talked about and written about, they are widely known. Much space has been devoted to them in papers, periodicals, and books, and to those of us living right here in Washington they are an old, old story. Much has been written of the beautiful and historic spots around Washington, but one that is a revelation to the average citizen, living a prosaic life in the National

the building you pull up at the immense portico on the west side. You are struck immediately with the solid construction, even to the broad stairway with pilasters on either side. Every portion of the building is concrete. Over the main door, done in vari-colored mosaics, is the one word "Sanitarium."

Imposing Interior.

As soon as you enter you become convinced that the interior is as imposing as the building itself, seen from a distance. Its outward beauty is a true index of the beauty and comfort within. You are struck with the quiet restfulness that unknowingly soothes you. No discordant note strikes you, and the sound of human voices seems soft and

the first compartment to the right contains the electric light bath. "This is used in diseases of the skin, and to induce natural respiration through the

a rich tint, with a carved plate rack, is possible to get out on the tennis courts, of supreme cleanliness that is inviting. This atmosphere follows your amusements and exercises.

Of all the sixty-six sanitariums of the Adventists probably none of them have so fine or so beautiful a site as the Washington one. The situation is ideal for a health resort, and during the long summer months there is a difference of temperature of from 10 to 20 degrees between the city, and Takoma Park, which is even closer to the city than the Washington Sanitarium.